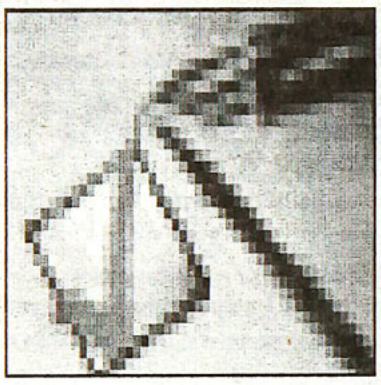
THE Lions' Pride
OF SAINT LEO UNIVERSITY

FRIDAY, NOVEMBER 19, 2004 VOLUME XXXVIII NO. 5 SINCE 1965

Today



Vioxx off market due to dangers

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A band with a warp back in time

Time Warp, a band started by two faculty members, performed this past week for the Saint Leo community.
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Communters will be left out no more

The commuter club, which has been on campus for two years, is a great way for commuters to get involved on campus.
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"Twelfth Night" played for 3 nights

"Twelfth Night" offered students a combination of physical humor, quick quips, and a few musical numbers.
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Movies and Music in Review

Plan your weekend with this week's movie reviews: "*The Incredibles*" and "*Alfie.*"
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Photograph by Carly Romero

Freshman Marielle Montalvo, sophomore Paola Alejandra Araujo, and junior Krista D. Burrows work at the Sacred Heart ECHC for Community Service Day.

Saint Leo provides a service to the community

Community Service Day is a time for students, faculty, and staff to give back to what they are a part of.

BY NATASHA FREDERICKS KLEIN
Lions' Pride Editor

SAINT LEO - Before 7:30 a.m., the Saint Leo community began to gather in front of the McDonald Student Center to sign up to help out in this semester's Community Service Day.

One close look at the line revealed a collection of half-asleep students, faculty, and staff shuffling in a herd-like fashion into the Lion's Lounge to be assigned to their "giving group," which offered them a chance to give back to the community that many are so grateful to be a part of.

Once inside, each person signed a waver, was asked what size t-shirt he or she wanted, and then asked where he or she wanted to volunteer. Some chose on-campus, others off-campus. Soon the students, faculty, and staff fell into step with their group leaders and piled into cars, trucks, and Saint Leo vans to start the day with four hours of old fashioned hard work. From eight-o'clock in the morning until noon, the students, faculty, and staff of Saint Leo University did a variety of jobs from painting parking lots and stairwells to gardening to general care for the Saint Leo campus.

Some students volunteered out of the pure goodness of their hearts, others volunteered to meet the criteria for their classes, clubs, or sports teams, but no matter what brought them out, the majority seemed to enjoy giving back.

"I really enjoyed it," said Jennifer Higgins, a sophomore who volunteered at Saint Rita's.

"I enjoyed getting out and giving to the community and working with nature," said Harold Nally, the director of human resources who volunteered at Morning Star Fisherman.

"I felt we need more time to help these people; maybe we should do a weekend of community service instead of a day," said Matthew Battis, a freshman who volunteered at a daycare center.

This is not to say that everyone had the time of their lives. In fact, some students resented "having to volunteer," but none wanted to be quoted.

However, even those who

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Opinions

EDITORIAL

Young voters made difference in 2004

BY LEONARD BATES
Lions' Pride Staff

SAINT LEO - Every presidential election wants to get the young vote; however, even though many 18 year olds register to vote, they actually do not make it to the voting polls. After this past election, the media said the same thing; young voters did not make it to the polls nor did they make a difference. However, that is not true. Young voters came out in huge numbers to vote during this past election.

The MTV network ran their own campaign, "20 Million Loud: Choose or Lose" to get 20 million young voters from ages 18-30 to the voting polls this year. After the elections were over, media outlets claimed young voters did not come out to the polls because many young voters consider themselves Democrats and John Kerry did not win.

However, the statistics show a very different picture; instead of 20 million loud, there were 21 million. "CBS News estimates that the youth voter turnout was up 22 percent from the 2000 election, well above the 14 percent overall increase among all voters. In all, more than half of all people between the ages of 18 and 29 (52 percent, to be exact) exercised their right to vote on Tuesday, up from 42 percent in 2000."

In Florida, students ditched classes and skipped work to send countless hours in front of the voting polls, even after the polls closed. Many professors at the University encouraged their students to go out and vote. Not only politics and law professors, but professors in religion and philosophy took a time out to tell their students to go out and vote. Groups and associations in the University, such as College Republicans, held a meeting to encourage Republican students to go out and vote, and they did.

Although, for many, their candidate did not win. Making a difference and changing a system takes time, and this is what young voters who feel like their vote did not make a difference need to say to themselves over and over again. We did make a difference, the difference of proving those who did not believe in the young vote wrong.

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ABC shouldn't be afraid of FCC

STAFF EDITORIAL
Northern Star (Northern Illinois U.)

(U-WIRE) DEKALB, Ill. — The decision of several ABC affiliate stations not to air "Saving Private Ryan" due to fears of repercussions from the Federal Communications Commission shows that the stations have missed the point of the film.

Raymond Cole, president of WOI-TV in Des Moines, Iowa, had the audacity to question whether the war film had "sufficient social, artistic, literary, historical or other kinds of value" that would prevent the station from breaking the law. In a statement on the WOI-TV Web site, he concluded, "With the current FCC, we just don't know."

It's true the FCC's regulations have gotten tougher after Janet Jackson's infamous halftime performance last year. But violence and profanity continue to make their way onto television screens on all the networks — and in most cases, the programs with such content don't even have the historical value that "Saving Private Ryan" does.

The FCC already ruled that airing "Schindler's List" on television was not indecent. With this precedent set, no reason exists for affiliate stations to think the Academy Award-winning film would incur fines. In both cases, the content and language of the films — while sometimes harsh — is not intended to shock nor is it used gratuitously.

Instead, the film aims to portray the realities of war. At a time when U.S. casualties in Iraq continue to increase, showing the reality of war might not be such a bad thing. The film does justice to the soldiers, showing how they band together to rescue one man.

For those at home who have lost loved ones, the message of the film may be a comfort. The soldiers fight for their country but also remember what is most important — the home front.

The men and women killed in combat in Iraq have died for their country, and "Saving Private Ryan" helps show the nobility of that sacrifice.

If the affiliate stations could look past the language and violence, they would see a film that may help Americans realize the reality of the war in Iraq. If that isn't sufficient value, then what is?

TO THE EDITOR

Dear Editor:

I am writing in response to the editorial by Leonard Bates in the Friday, October 22, 2004 issue of The Lions' Pride. I'm not sure where Mr. Bates got his information on the alleged disenfranchisement other than the article by Philip A. Klinkner that he references, but he should have checked out the report of the U.S. Civil Rights Commission who studied the 2000 Florida election. Yes, there were problems but there was no evidence of voter intimidation, voter harassment, or intentional or systematic disenfranchisement of black voters.

Interestingly enough, the majority of the alleged problems occurred in counties where the supervisor of elections was a Democrat. If he has an open mind, he could also read the article from the Wall Street Journal reprinted in the Tampa Tribune on September 29, 2004 and print a retraction to his previous editorial.

Michael Moorman, Ph.D.

WRITE HERE

The Lions' Pride newsroom is located in portable #4, which is on the west side of St. Edward's Hall. Our phone number is (352) 588-8195.

Send letters to the editor to lions.pride@saintleo.edu

Letters to the editor must be submitted with student's name, year, and major. Faculty and staff members must include rank and department.

Please include a phone number (not for publication) so we can verify authorship.

All letters are subject to editing.
The Lions' Pride reserves the right not to publich any letter or column.

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Vioxx off market due to dangers

BY LAUREL FABAC
Special to the Lions' Pride

SAINT LEO - On September 30, Merck, a major pharmaceutical company, recalled its best-selling pain-reliever Vioxx. The drug, which is used to treat patients who suffer from acute pain and arthritis, is thought to be responsible for health problems, and even death, in some of the approximately 20 million Americans who have used it; many of whom are college students.

"This decision is based on new data from a three-year clinical study," said chairman, president and CEO of Merck, Raymond V. Gilmartin, in the letter Merck sent to all Vioxx users on the day of the recall.

According to the letter, "In this study, there was an increased risk for cardiovascular (CV) events, such as heart attack and stroke, in patients taking VIOXX 25 mg compared to those taking placebo (sugar pill). While the incidence of CV events was low, there was an increased risk beginning after 18 months of treatment. The cause of the clinical study result is uncertain, but our commitment to our patients is clear."

Though many middle-aged and elderly people have been affected by the recall, they are not the only ones taking Vioxx. The drug has been prescribed to many young adults – particularly college athletes – to treat sports related injuries and other causes of acute pain, like carpel tunnel syndrome. Vioxx is "one of the most commonly prescribed anti-inflammatories," according to Barbara Wilson, head trainer at Saint Leo. It is used to treat athletes and people with injuries. Though none of the students at Saint Leo have been affected by Vioxx use, students throughout the country have been.

According to Merck's website, people who are still taking Vioxx should contact their doctors immediately to seek alternative treatment. Celebrex and Bextra are two of the most common Vioxx replacements, though questions about their safety have also been raised in light of recent discoveries, and the similarities between the three drugs' compositions.

Merck also wants people to know that Vioxx users will be reimbursed for any unused medicine they might have. Patients are being instructed to save their Vioxx tablets in their original packaging, along with receipts from their pharmacies. They will receive a full refund for their unused Vioxx plus the price of shipping.

Merck has recently felt the financial effects of the drug being taken off the market, but the monetary impact takes a back seat to a report published Monday, November 1, in *The Wall Street Journal*, which claims that Merck knew about the potential side effects of Vioxx long before taking it off the market.

The recent events raise a variety of questions, the most important of which concern the safety of FDA approval and the integrity of major marketing companies like Merck and its competitors. Students should always be careful when being prescribed new medicines and be wary of possible side-effects. Anyone with questions about Vioxx and the recall can visit www.Merck.com or www.Vioxx.com for more information.

A band with a warp back in time

BY NATASHA FREDERICKS KLEIN
Lions' Pride Editor

"It's just a jump to the left -
And then a step to the right -
With your hands on your hips -
You bring your knees in tight -
But it's the pelvic thrust that really drives you insane -
Let's do the time warp again -
Let's do the time warp again!"

Hold up, stop the music; sure it is the *Time Warp*, but not the *Time Warp*. Not the *Time Warp* from the movie *Rocky Horror Picture Show*. This is a different type of *Time Warp*, but it does have to do with music.

Imagine a group of men playing some of their favorite music, "jamming out" if you will, then throw in a young beautiful girl with the voice of an angel, and you have *Time Warp* the band.

Time Warp is a band made up of one Saint Leo student, Christina Oliva as lead vocals; a few faculty members, Jack McTague, bass and vocals; and Terry Danner, harmonica and vocals; and some people from the surrounding community; Chuck Fisk percussion and vocals; Scott Moschetto drums and vocals; Brian Moschetto keyboards, vocals, and everything else; and Kemp Johnson on guitar and vocals.

The group plays everything from old time rock 'n roll to popular music from the fifties to today's top ten hits. But, this is no ordinary band. The group was started by McTague and Danner back in 1984 and has since evolved into a seven member band with the newest member, Oliva, who started this year and has already become the band's very own diva. They are a leaderless, democratic republic, socialist, antiracist, representative democracy, and no party affiliation depending on who you ask. They are fun, wild, and lending their music to all.

On the 13th of November, they helped reduce the debt on a church building. However, when asked about the goals of the concert, Danner said his goal was "not to break anything," while McTague said the goal was "to make as much money as possible."

As anyone can imagine, the group has high hopes and admirable goals to become rich and die more famous than the *Beatles*. Just kidding, they are just trying to spread the music, and what is more honorable than that?

Photographs by Natasha Fredericks Klein

Christina Oliva, a Saint Leo student, is the lead singer for Time Warp; the band consists of one student, faculty members, and folks from the surrounding community.

If you have an interest in writing, layout, or photography with THE LIONS' PRIDE, please attend our weekly meetings on Mondays at 9:30 a.m. in the newspaper office, which is in the portable next to the music building.

Commuters will be left out no more

BY MELANIE WEITZ
Lions' Pride Staff

SAINT LEO - With so many activities on campus, it's hard to keep in touch when you're a commuter. Some commuters balance driving to school everyday with work at a job off campus, then they still have to go home and deal with their siblings and families; they're not as lucky as students who live on campus who don't have to endure these pressures. And yet, commuters don't even get to eat in the cafeteria, and they have a hard time finding a parking spot on campus.

For those commuters who do have to deal with the ventures of work, school, and family and who don't have time to get involved with too many on-campus activities, such as fraternities or sororities, there's always the commuter club, a group of commuters who get together to make a difference in their educational careers as commuters. If commuters want something done, then the only way they will get it is if they speak up, and this club is for commuters who want to make a difference.

"The [commuter club] was started to be the voice of the commuter body and get the commuter population more involved on campus," explains Eric Vaughn, director of career services and co-advisor for the commuter club.

After its two-year existence, the club is finally going to gain recognition this year. Like any other organization on campus, the commuter club has activities and even an annual conference, which will be held in Texas this year. Fundraisers are held through the club to try to raise money for commuters to do things together, as a community.

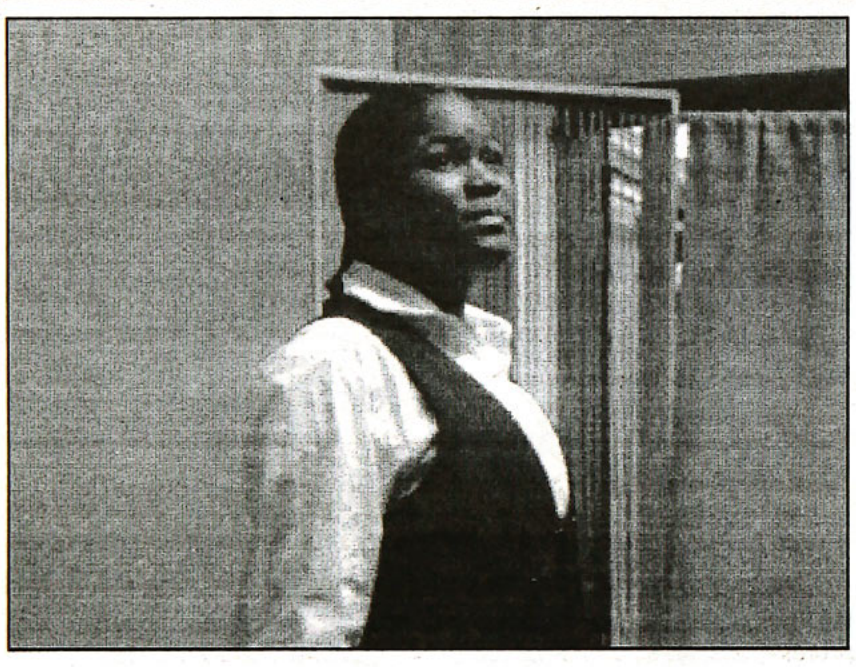
"We had a summer retreat where we spent a whole day this summer getting to know each other and having fun," Summer Woodard, co-chair of the club, explains. "This year we plan to have some really fun fundraisers in order to take a trip to somewhere as a club."

Events such as a Christmas party and volunteer work are planned ahead for the commuters. However, new ideas are always accepted in the club. Anybody who has an idea how to make the campus more commuter friendly can stop by.

Woodard feels that being in the commuter club allows her to "be a part of something that has a direct effect on [her]," and she's right. Students on campus should join clubs that will affect their lives in order to make a difference.

The commuter club is a great way for commuters to get involved on campus. If there is something that needs done, or even if something is troublesome on campus, then the commuter club will form a committee and try their best to take care of the problem. It's a great way to meet new people and be a part of something on campus.

For more information on the commuter club pay attention to announcements posted on the bulletin boards located in Lewis and Crawford Hall or email Eric Vaughn at Eric.Vaughn@saintleo.edu.



Left ot Right: Sebastian (Yanique Pitter) and Malvolio (Andrew Morrow) are two of the characters from "Twelfth Night."

Photographs by Carly Romero

Talented actors make "Twelfth Night" a success

BY JENNIFER REILLY
Lions' Pride Entertainment Editor

William Shakespeare's "Twelfth Night" as presented by the Saint Leo Theatre Department offered a combination of physical humor, quick quips, and a few musical numbers. The play opened on Thursday, November 11 and ran through Sunday, November 14. The production was the largest thus far from director, Dr. Charles Grimes.

The play began with a song performed by talented freshman Brandon Gary. Scene one introduced the love stricken Duke Orsino (Montana Ross) and his servant Cesario (Ayana Cooper). What Duke Orsino is unaware of is the fact that Cesario is in actuality a woman named Viola who has survived a shipwreck and has disguised herself as a man in order to make ends meet. Her twin brother, Sebastian (Yanique Pitter), has survived as well and is working as a servant to the sea captain Antonio (Dr. Charles Grimes). The object of Orsino's affection is the lovely Lady Olivia (Lindsey Browne). In an attempt to gain her fancy, Orsino sends Cesario to offer Olivia his love. Olivia refuses yet falls for Cesario, unaware of the fact that he is a she.

The love triangle becomes a square when the arrogant Malvolio (Andrew Morrow) is mislead to believe that Olivia loves him by conniving Sir Toby Belch (Gaby Cuadrado) and his gang of hooligans. Supporting characters such as Maria (Tiffany Simmons), Sir Andrew Auguecheek (Steve Walkiewiecz), Feste (Josh Davis), and Fabian (Christie Ricardo) add to the confusion with their own mischief. The comedy is one of misapprehension that is resolved when Sebastian and Viola are reunited and the love affairs are exposed and untangled.

Grime's presentation of the Shakespearian work allowed for songs sung by freshman, Ashley Sims and sophomore, Josh Davis. The play was also filled with slapstick comedy such as the many falls, dives, and gripping yelps from Walkiewiecz. Sexual innuendos made by Cuadrado and Davis also provided the audience with a few laughs.

The costumes varied from seventies style jeans and colored sunglasses to a Spanish conquistador type getup worn by Grimes himself. The live band accompanied the cast from offstage playing contemporary songs.

"The play had a contemporary spin on it that made it more interesting. I actually understood it," remarked sophomore John Rizzo.

The only downfall of "Twelfth Night" was that although the characters were confused intentionally, the audience may unfortunately be lost as well. However, the modern day music and costumes allowed for the characters to get their points across successfully. The audience responded well to the play and the cast earned themselves a standing ovation.

"I thought it was great. Funniest play I've seen here so far, I couldn't stop laughing," said sophomore Jenn Roberge.

"I though it was humorous and crude… my kind of play," added sophomore Marian Harvey.

The playful demeanor of the cast before and after the play reflected the jovial attitude of the director. The production took 8 weeks to prepare and involved the talent of 28 students including student director, Shannon Finck. After spending so much time preparing for the play the cast obviously displayed fondness for each other and even referred to their beloved director as "Doc."

The first of two main stage plays that will take place this year was a success among the Saint Leo community. "Twelfth Night" was performed in Selby Hall, was open to the public, and admission was free of charge. These factors all contribute to the growing success of the Saint Leo Theatre department.

"The Saint Leo community should know that we have good theatre programs they would like to see," said Grimes. Doctor Grime's passion for the theatre was apparent when he thanked the cast and the crew and the entire audience just for being involved in his production. Hopefully, future productions of the department will exceed the entire University's expectations just as "Twelfth Night" did.

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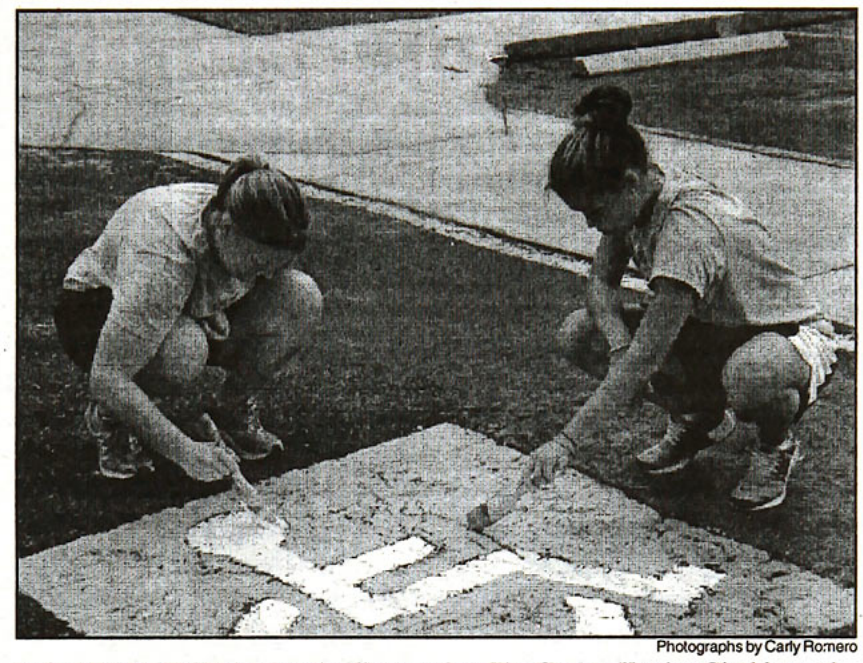
resented the work tended to agree with a statement by Daniel Kahl, a Saint Leo senior, who said, "Community service is like love. It hurts, but you do it anyway."

Needless to say, Community Service Day proved to be a very productive, inspiring, and for some, informative day, and as usual it proved that no matter the standard, the Saint Leo committee raises the bar when it comes to giving because as Kahl put it, "When you give of yourself to one man, you give to all."



Photographs by Carly Romero

Left ot Right: Chi Phi doing the dirty work at The Grotto; Katrina Giraldez and Katie Stephenson help re-paint the parking lot at Saint Rita's Church.

Students can fight flu without a shot

BY MORGAN PRATT
Daily O'Collegian Oklahoma State U.)

(U-WIRE) STILLWATER, Okla. — Students don't have anything to worry about just yet. The coughing, sneezing and empty chairs in classes are not indicators of the flu bug but could be a combination of things, including allergies, minor colds, lack of sleep or plain old lack of motivation.

Steve Rogers, Oklahoma State University Health Services director, said flu season hasn't begun but inevitably will over the next few months.

"There's been one official case reported in the state of Oklahoma by the State Department of Health. They're the official source," Rogers said. "We haven't had students come in with flu-like symptoms to the point where we would even do a flu test."

According to the Department of Health and Human Services Centers for Disease Control and Prevention, suspicious symptoms include high fever, headache, extreme tiredness, dry and painful coughing, sore throat, runny or stuffy nose, and muscle ache. Symptoms might be accompanied by gastro-intestinal symptoms such as nausea, vomiting and diarrhea, but these are more common in children than in adults.

Rogers said that when a student comes into the Health Center with these symptoms during the early part of flu season, physicians must first confirm that the problem is actually the flu and not something else.

After about a hundred confirmed flu tests, physicians know that flu season has definitely begun, and students can begin to be diagnosed without the flu test.

"At that point, you know that if someone presents a certain group of symptoms, in all likelihood we can act with confidence without having to do the test," Rogers said. "Usually, the student presenting a high fever is our first indication that something's not right, because with a normal cold, you don't get that."

Rogers also said that during this time of year, a lot of confusion goes on about whether people have the actual flu virus or another problem. The general population can't always diagnose for themselves which conditions are just allergies and which are more serious.

"Upper respiratory kinds of complaints — coughing, runny nose, a kind of sore throat — in any primary care practice, whether its college health or out in the community, is probably the number one kind of complaint people come in for," Rogers said. "Certainly in Oklahoma, allergies have a lot to do with it. There are viruses that go around that cause coughs and colds — these aren't the same as influenza."

The flu seems to be more prevalent in the winter months, but Rogers that the weather itself is not an issue with the virus.

"There are flu cases reported year-round, but the numbers are really low," Rogers said.

Rogers said last year the Health Center gave almost 3,000 flu shots. This year, however, much fewer shots will be given since only a handful of students

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An unknown theater for the community

BY PAUL PETERSON
Lions' Pride Staff

Many people may not realize that Saint Leo is located just a quarter of an hour from a renowned professional theatre.

The Pasco Schools Center for the Arts (CFA) is located near SR. 54, adjacent to the Wesley Chapel High school campus on Wells road. The CFA is the size of Ferguson hall at the Tampa bay Performing Arts Center (TPAC). It employs four professional audio/ lighting technicians, also several stagehands, and a secretary.

Dale Miller, the shortest of the technicians, but possibly the most professional, has said "This place is one of the toughest training grounds for an audio engineer… I love this job." His enthusiasm, though hard to match, is shared by all of the CFA employees.

Patrick McDermott, the director of the theatre, makes sure to keep his employees on their toes by scheduling many different professional shows to grace the theatre.

The CFA is owned, and funded by the Pasco County School District; so many professional traveling shows are brought in to perform for district school children, although most of the time the general public may purchase tickets if they call the CFA box office at 813-794-8774.

These shows travel all over the USA, and some even perform or compete in Europe. Many of these shows are award-winning, Broadway quality shows. Maynard Ferguson, a jazz musician most widely known for the "Rocky" theme, Phil Phrovenzano, Dan Macmillian, and Diva are some of the well known bands/musicians who have performed there.

Most of the area schools put on their plays, chorus concerts, and band concerts there. Just last weekend, WCHS put on Agatha Christies "Ten Little Indians" with great success. District and state wide band competitions have also been held there. Area dance studios use the facility too, such as the renowned Blackwood Studios, Expressions, and Dance Conservatoire, among many others; many of these even have their annual recitals there.

Community theatre groups such as Arts in Motion, and Heritage Arts Association put on high quality shows at the CFA also. Arts in Motion, in fact is putting on their highly anticipated rendition of "Annie" November 19-21. Saint Leo students would be sure to enjoy their production. Ticket information can be found by calling the above mentioned number.

The CFA has a maximum capacity of 999 people, but it is some times disappointingly under-occupied.

"Not enough people know about this place," says Patrick McDermott, the above mentioned director of the theatre. This lack of exposure is due to the less visible location of the theatre, and the misconception that it is part of Wesley Chapel High, or that it is only open to students.

The theatre is only four years old, and it takes time for a community to fully realize the positive impact such a wonderful facility can have.

The CFA got new acoustical treatment last summer, so now the state of the art audio equipment is richly complimented by the natural acoustics of the building, and some excellent recordings of concerts have been produced, including one of the world famous Phil Provenzano Jazz Experience. The CFA also boasts a very sophisticated lighting board with dozens of special effects and hundreds of capabilities.

The entire east side of Pasco County is enriched by this highly professional, yet very community involved theatre. Saint Leo students would greatly benefit by taking advantage of the enriching opportunities offered by this facility too.

Arts & Entertainment

MOVIES IN REVIEW

"The Incredibles"

BY JENNIFER REILLY
Lions' Pride Entertainment Editor

The top grossing movie of this past week and weekend was the tale of a superhero family and their attempts to save their patriarch, Mr. Incredible. In Pixar's latest feature the company out does itself and exceeds its former successes with Finding Nemo, Monsters Inc., and Toy Story. Director Brad Bird also exceeds in his attempts to attract an adult audience as well as children. His previous film, "The Iron Giant," did not have nearly the opening of "The Incredibles."

The exciting story of Mr. Incredible (voiced by Craig T. Nelson) begins with a scene similar to "Spy Kids." He is a successful superhero with a tiny waist and busting muscles. He is able to save countless innocent victims until he saves a suicidal roof jumper and is sued for the injury he causes when they land on the ground. This lawsuit sparks a trend and several superheroes are forced into early retirement.

Mr. Incredible as a civilian is known as Bob. He and his wife Elastigirl, aka Helen (Holly Hunter), begin a life as a suburban family and have three children, all blessed with super powers which they must suppress to fit in. Bob's discontent with his insurance adjusting job and weight gain causes him to seek escape while listening to police monitors with his best friend and fellow former-superhero, Lucius, aka Frozone (Samuel L. Jackson).

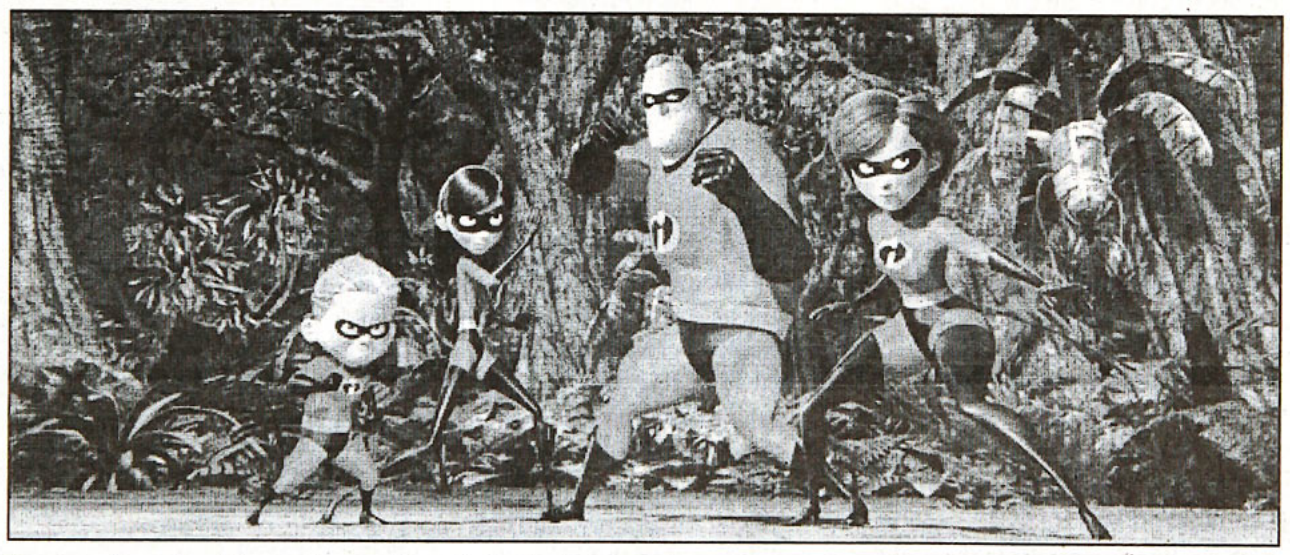
In an attempt to regain thrills in his hum drum life, Bob accepts a mission from a mysterious Mirage (Elizabeth Peña). This mission soon turns impossible for Mr. Incredible to do alone when he is captured by his former number one fan, Syndrome, aka Buddy (Jason Lee). Syndrome is threatening to destroy cities with his robot, Omnidroid 7, so that he may save them and grab some glory.

Bob's double life holds him responsible for both domestic issues and the tearing of his superhero costume. Fashion designer, Edna E. Mode (Brad Bird) provides a bit of flair with her short stature and comical criticisms of the super hero family. The costumes she designs for the Incredible family enable Helen to track Bob down on Syndrome's island. The Incredible children, Dash and Violet, stow away on Helen's private jet and leave their younger sibling, Jack Jack in the hands of a friend.

On this island, the entire family has to utilize their powers to save themselves and others from the wrath of the jealous Syndrome. The self-conscious Violet is able to turn herself invisible on a whim and create a force field around her that makes her impenetrable to most harmful materials. The hyperactive Dash is able to run at an unbelievable velocity. Together with their parent's unbelievable strength and flexibility, the Incredible children form an unbreakable bond to unite and fight Syndrome.

The animated film goes above and beyond expectations with its realistic scenery. The sky and water almost appear to be real, and the actions of the characters are so humanistic you may just forget that they did not have to shoot on remote locations or build huge robots. The characters deal with everyday politics and frustrations. Additionally, the young children represent the characteristics of their age group. Violet is at an awkward age battling her self esteem while Dash is beginning to crave competition in athletics. Their problems are those that young kids can identify with and their success in the end of the film could be inspiring to adolescent movie-goers.

Disney and Pixar together work as an unstoppable force that may be the only thing strong enough to take on their own superheroes. Despite some violence and a montage depicting some lovey dovey scenes between the Incredible parents, the movie is suitable for the young and old alike.



Top to bottom: Fashion designer, Edna E. Mode (Brad Bird) provides a bit of flair; Syndrome, aka Buddy (Jason Lee) is threatening to destroy cities; the incredible family: Mr. Incredible, Elastigirl, and two of the three children.

FLU CON'T

meet the criteria for getting the vaccine, set as a result of the nationwide shortage.

"The effect that the shortage has is that according to the guidelines we can only give it to students in the high-risk category, so the general healthy young adult is not going to get the flu shot this year," Rogers said.

According to the Centers for Disease Control and Prevention, people who fall into the high-risk category include those 65 or older, those with a long-term health problem such as heart disease, asthma or diabetes, and those with a weakened immune system caused by cancer treatment, HIV/AIDS or steroid therapy.

Also, those people living in a nursing home or similar facility, pregnant women, those living with or caring for one or more children less than 6 months old and health care workers involved in direct, hands-on patient care are encouraged to get a flu shot.

If students do not fall into any of these categories, they will not be able to get flu shots at the Health Center, at least until more vaccines arrive.

"Before they get the flu shot they have to take a form and check, yes, this is my high-risk disease, illness or condition, and they have to sign stating that that's true," Rogers said.

"What you're trying to do there is to keep someone from getting the flu, who if they do become ill, might have a severe illness or potentially die."

Since immunization is not a possibility for everyone, it is important for students to do what they can to keep themselves free from the flu.

The influenza virus is spread through the air in respiratory droplets when a person sneezes or coughs. Although it's not likely, a person can occasionally get the flu from touching something with the virus on it and then touching their mouth or nose.

An infected person can make someone else sick before they even know they have the virus. Adults can pass the virus one day before getting symptoms themselves and up to a week after getting sick.

Rogers said that if physicians diagnose the virus early on, there are anti-viral medications that students can take which will minimize the effects of the flu and shorten its duration to a few days rather than a week.

"If you begin to develop the symptoms, get in to see a doctor quick. Don't wait until you've been sick for two or three days," Rogers said.

Other advice Rogers gave is the basic "supportive therapy" including bed rest and fluids — dehydration can be an issue if a person has been nauseated or vomiting.

"Alfie"

BY JENNIFER REILLY
Lions' Pride Entertainment Editor

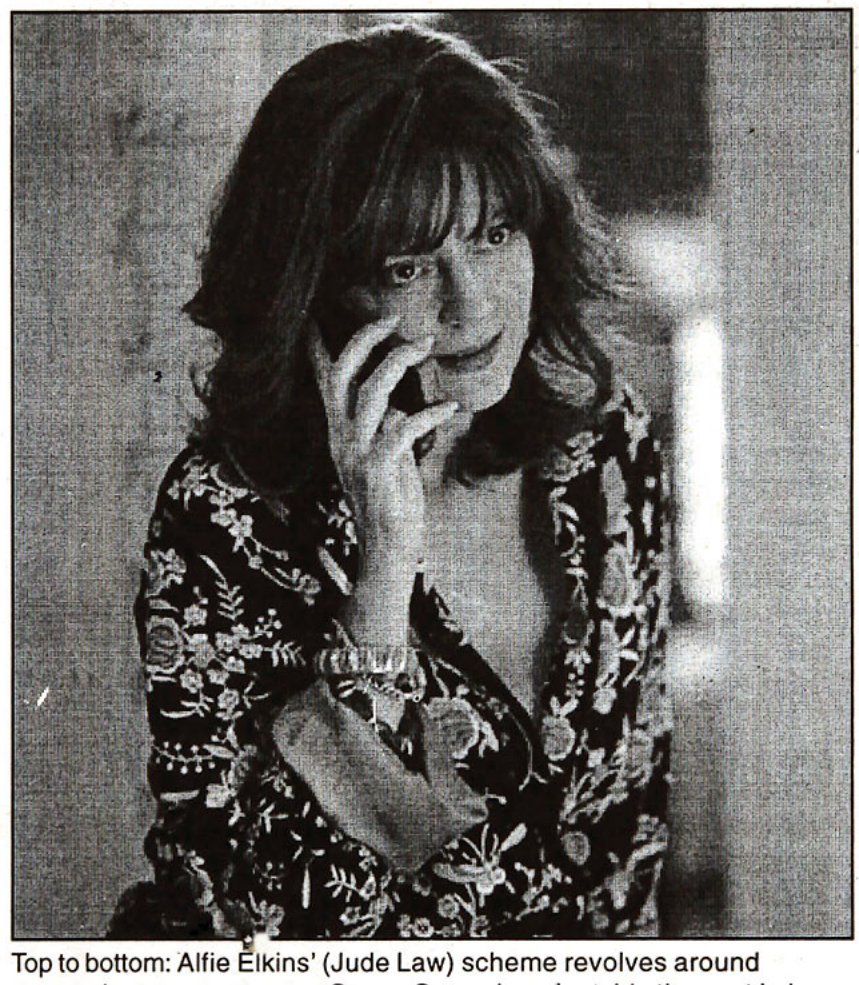
"Alfie," the remake of the 1966 Michael Caine film, opens with the devilishly handsome Alfie Elkins (Jude Law) and his personal description of his misogynistic agenda. Alfie's scheme revolves around romancing young women and always making sure he is being taken care of. "Alfie" is not your quintessential romantic comedy, but rather, the story of Alfie's endeavor to define meaning in his superficial life.

In the film directed by Charles Shyer (Father of the Bride, I Love Trouble), the talented Jude Law displays his flexibility. In his third of six films being released this year, Law uses his British charm to perfectly portray the exceedingly confident and sexually promiscuous limo driver. As a lady's man and a man's man, he is both very caring towards his best friend Marlon (Omar Epps) and very disloyal when he sleeps with Marlon's girlfriend, Lonnette (Nia Long).

Alfie's cheating little heart is broken when his quasi girlfriend Julie (Marisa Tomei) refuses him entry into her apartment. After this disappointment, Alfie suffers an even larger blow when he is physically unable to perform, sexually that is. His romantic troubles create a love/hate relationship between Alfie and the audience. In the beginning, Alfie is detested and viewed as a double crossing scoundrel, but he is able to win you over with his charisma and you begin to be sympathetic towards his self-inflicted loneliness.

Law is successful in playing a sneaky metrosexual, and Tomei is a great counterpart as his caring, sympathetic girlfriend. Susan Sarandon also aids the cast in her portrayal of an upper-class Mrs. Robinson type character who lends her advice to Alfie from a been there, done that point of view. Alfie's love interests also include the young, vivacious Nikki (Sienna Miller) who provides companionship during the holiday season but soon turns into a nightmare forcing Alfie to kick her out of his apartment. The cast is satisfactory, and their performances fit their quick entrances and exits as Law carries the entire film through his narrative.

Although the movie is set in Manhattan, the majority of it was filmed in Manchester, England to accommodate Law's other recent projects. It does, however, include many breathtaking aerial views of New York City during the winter. The smooth snow on the ground and the sparkly lights in the trees are both comparable to the smoothness of Alfie's style and the sparkle in his eyes. And similar to winter, Alfie's life seems to go from hot to cold with the hope of a warm spring.



Top to bottom: Alfie Elkins' (Jude Law) scheme revolves around romancing young women; Susan Sarandon also aids the cast in her portrayal of an upper-class Mrs. Robinson

DVDs IN REVIEW

"Before Sunset"

BY JENNIFER REILLY & JOHN KELMER
Lions' Pride Entertainment Editor

New to DVD this week is the reunion of lovers Jesse (Ethan Hawke) and Celine (Judie Delpy) in the film "Before Sunset". The second installment of co-writer/director Richard Linklater's romantic characters begins with Jesse in a bookstore discussing his newly released book. The book is the story that is told in the film's 1995 prequel "Before Sunrise". Celine walks into the bookstore and you almost expect time to stop as their eyes meet. She is smiling awkwardly and he is trying to restrain himself as journalists ask him questions pertaining to the accuracy of the story to real life.

The truly romantic film is a gem among sequels because unlike most, the second installment does not require you to see the first. The characters are so strong that you gain a sense of who they are and where they have been through their dialogue. They stroll through the streets of Paris discussing their lives and where they have lead in the nine years since they last met each other coincidentally in the city of Vienna.

In the preceding film the young lovers refuse to give each other their last names or numbers so that in six months they can meet each other in Paris to rekindle their European romance. The film ends on a note that leaves the viewer to decide whether or not they do actually meet in Paris as planned. This film answers that question and raises new romantic queries for the audience to decide.

Enormous spectrums of topics are discussed along Celine and Jesse's walk through Paris ranging from current spouses to politics to the meanings of life. Jesse expresses discontent with his own marriage and you begin to feel sympathetic to the fact that his wild young years did not earn him the perfect, hopeful, life you were expecting.

"In the months heading up to my wedding, I was thinking of you," Jesse says to a surprised Celine. Their stroll provides them the time for catching up, confessions, and several laughs. However, it does not allow them the time to decide a future and the film again leaves you hanging.

. The film is a non-stop sequence of conversation which means that this movie is not for people who can not sit through that type of film. However, the movie is only eighty minutes long and leaves awkward silences to a very minimum.

This movie does not have special effects or testosterone-packed action sequences. It doesn't even have sex or physical foreplay, yet it may captivate you with the beautiful and some times hilarious script set in a stunning atmosphere, cast with down to earth characters. The film is rentable for those who adore the philosophy of love and appreciate well thought out dialogue between likable characters.

Sports

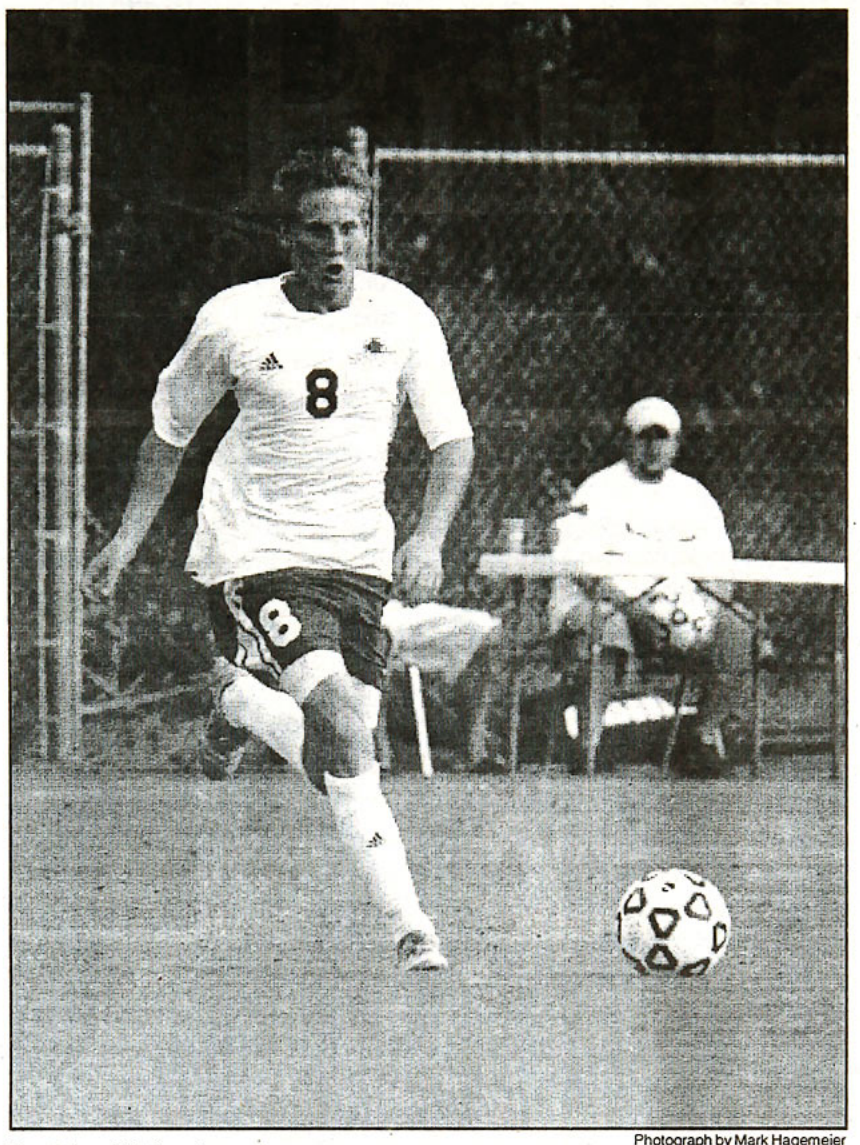
Fall soccer wrap up

BY LOUIS RITUCCI
Lions' Pride Staff

SAINT LEO - This fall the men's soccer team placed fifth place in the Sunshine State Conference, and two players were honored as the SSC announced its All-Conference team. The women's soccer team placed sixth place in the SSC, and three players were honored to the All-Conference team.

The league's head coaches and sports information directors voted on the teams and the individual awards. On the men's team, sophomore midfielder Tommy Poston of Birmingham, England was selected to the second team, while forward/ midfielder Brandon Whitsett of Palm Harbor, Fla., was picked SSC freshman-of-the-year. Poston and Whitsett finished second and third respectively in scoring during 2004. Poston had seven goals and six assists for 20 points, while Whitsett had four goals and four assists for 12 points. Senior Tony Rosso led the team in goals, assists, and points with eight goals, seven assists, and 23 points.

For the women's team sophomore forward Casie Poyssick of Land O'Lakes, Fla., was chosen first-team, All-SSC on the women's side for the second straight year, while defender Sophia Lindorsson of Molnhal, Sweden was voted on the second team and was also selected SSC freshman-of-the-year. Junior defender Sarah Wright of Clearwater, Fla., rounded out the awards by also being selected to the second team. Poyssick was the leading scorer for the Lions and finished second in the conference with 30 points on 12 goals and six assists. Despite being a defender Wright was aggressive on offense, picking up sox goals and four assists for 16 points, which placed her second on the team. Lindorsson had one assist, but keyed a team that posted seven shutouts and gave up only nine goals in regular season play. The Lions both had hard losses in the SSC Tournament Quarterfinals ending their seasons early. Both teams had great seasons and should look forward to the years to come with two all SSC freshman-of-the-year.



Photograph by Mark Hagemeier

Brandon Whitsett

The outlook for both the men's and women's basketball team

BY MATTHEW McGOWAN
Lions' Pride Staff

The Saint Leo University men's basketball team was picked to finish seventh and the women's basketball team ninth in the Sunshine State Conference pre-season poll, released October 20. Rollins College was picked to win both divisions. Voting for pre-season polls was conducted by the league's head coaches and sports information directors. Saint Leo received 127 points on the men's side, while the women had 150 points. In the men's poll, Rollins gained 14 of the 18 first-place votes and 23 points overall. Lynn University was second with three first-place votes and 48 points, while Florida Southern College received the other first-place vote and had 62 points overall to place third. Barry University and Eckerd College tied for fourth place with 76 points each, followed by the University of Tampa with 105 points, Saint Leo, Nova Southeastern University with 138 points, and Florida Tech with 155 points.

The Saint Leo team has high aspirations with head coach Mike Madagan, now in his fourth season at the helm. The young Lions did see steady improvement in key areas that offered a sign of things to come for the 2004-05 campaign. With balanced classes on the roster (three seniors, four juniors, four sophomores, and three freshmen), Madagan is finally beginning to feel more comfortable about the progress the program can make. For the first time in his tenure, he will have three seniors who have been in the program the three previous years. Madagan feels good about the team's ability and character saying, "I finally feel like we have a nucleus that is talented enough to be very successful, but most importantly we have a group of young men that understand the importance of being accountable and holding others to the same lofty standards." Madagan is confident the three seniors, led by 6-2 guard Narada Caldwell of St. Petersburg, Fla., the team's captain, will provide the leadership necessary to climb in the Sunshine State Conference standings.

Four different teams received first-place votes in the women's division. Eight voters wrote in Rollins to finish first, and the Tars received a total of 29 points overall, while Florida Southern also received eight first-place votes and had 35 points overall. Florida Tech was voted third with a single first place vote and 60 points, while Tampa was tabbed for fourth place with a first-place vote and 79 points. Barry was picked fifth with 85 points, followed by Eckerd with 104, Lynn with 133, Nova Southeastern with 135, and Saint Leo. Coach Kerri Reaves is optimistic for this year because of the experiences of last year and the addition of some key players. She feels like the keys to success are less turnovers, better rebounding, and better defensive skills.

Coach Reaves believes the team has grown up saying, "We have learned from our experiences of last season and are ready to move forward." Overall both teams are hopeful and feel like they have the ability to outperform expectations.

Saint Leo improves student-athlete graduation rate to 79 percent

Graduation rate for the 2003-2004 school year for student-athletes at Saint Leo University improved to 79 percent, which was second best in the Sunshine State Conference for the past school year, it was announced by the NCAA. The report is based on those student-athletes who entered Saint Leo and other SSC schools in the 1997-98 school year and receive athletic aid.

Seven years ago Saint Leo had a graduation rate of 35 percent. The past six years the figure was 50 percent (1999), 35 percent (2000), 47 percent (2001), 28 percent (2002) and 42 percent for 2003. "I want to congratulate you and all of your staff on the extraordinary improvement in graduation rates of our athletes," said Saint Leo President Arthur F. Kirk, Jr., in a memo to Director of Athletics Francis X. Reidy. "I remember when you set a goal of a graduation rate of 70 percent. It is one that I know is not easy but is surely possible for us to maintain and even exceed. Congratulations to all for a great job on our most important work."

Reidy followed with a memo to all head coaches: "The credit goes to all of you for making this happen."

The total average of all 285 Division II institutions graduation rate was 53 percent. The average for the 125 private institutions was 55 percent, while the average for the 160 public Division II schools was 51 percent.

Florida Southern College placed first with an 82 percent graduation rate for student-athletes, followed by Saint Leo, Barry University at 74 percent, Nova Southeastern University at 67 percent, Eckerd College at 60 per cent, Rollins College at 54 percent, the University of Tampa at 51 percent, Florida Tech at 48 percent and Lynn University at 47 percent.